



SPRING 2023

# SAN DIEGO INJURY NETWORK

## MEDICAL DIRECTORY



**Pain Management, Orthopedics, Spine Surgeons, Neurosurgeons, Plastic Surgeons, Podiatrists, Neurology, Chiropractors, ENT Specialists, Internal Medicine, Acupuncture, Psychologists, Neuropsychologists, Family Practice, Cardiologists, Ophthalmologists, Physical Therapists, Dentists, Imaging Centers, etc.**

As San Diego's first directory of doctors specializing in Personal Injury and Workers' Compensation, SDIN providers have been treating accident victims since 1980.

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## PAIN MANAGEMENT

Carlsbad/ Oceanside/ Mission Valley

**Yogesh V. Patel, M.D. *NEW!***

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

2020 Camino Del Rio N., #805, San Diego, CA 92108

(619) 907-2574 • Fax (760) 683-6252

Email: drpatelpi@coastalpaingroup.com

CoastalPainGroup.com

Carlsbad/ Oceanside/ Mission Valley

**Nathan Miller, M.D. *NEW!***

**Ankush K. Bansal, M.D.**

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

2020 Camino Del Rio N., #805, San Diego, CA 92108

(760) 681-4330 • Fax (866) 317-9306

Email: jackie@coastalpaingroup.com

CoastalPainGroup.com

Clairemont

**Paul E. Kim, M.D.**

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

8325 Clairemont Mesa Blvd., #A, San Diego, CA 92111

(619) 543-0144 • Fax (619) 542-0445

SanDiegoPainMD.com

El Cajon

**Casey Fisher, M.D.**

Pain Relief Solutions

Board Certified Physical Medicine & Rehabilitation Specialist

Board Certified Pain Management Specialist

278 Avocado Ave., El Cajon, CA 92020

(760) 610-0522 • Fax (760) 610-0523

PainReliefSolutions.us

Encinitas/ Solana Beach

**Keeran Kumar, M.D.**

Spine & Pain Management

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

320 Santa Fe Dr., #308, Encinitas, CA 92024

(858) 764-3837 • Fax (760) 230-6566

SDPainClinic.com

Escondido

**Tania Faruque, M.D.**

Palomar Spine & Pain

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

255 N. Elm St., #101, Escondido, CA 92025

(760) 489-1876 • Fax (760) 489-1748

PalomarSpineandPain.com

La Jolla/ Sorrento Valley/ Mira Mesa

**Roger Kasendorf, D.O.**

Board Certified Pain Medicine/

Physical Medicine & Rehabilitation

**Lars R. Newsome, M.D.**

Board Certified in Pain Management,

Anesthesiology and Critical Care Medicine

(Interventional Spine Procedures)

9834 Genesee Ave., #221, La Jolla, CA 92037

(858) 429-6290 • F (858) 244-0152

DrRogerKasendorf.com

Chula Vista/ National City

**Joshua S. Pal, M.D. *NEW address!***

Board Certified Pain Management Specialist

Interventional Neuropsychiatry/ TBI

272 Church Ave., #1, Chula Vista, CA 91910

(619) 293-3994 • Email: sloftin@docsinsocal.com

SanDiegoInjuryNetwork.com

Murrieta/ Temecula

**Joshua S. Pal, M.D.**

Board Certified Pain Management Specialist

Interventional Neuropsychiatry/ TBI

25495 Medical Center Dr., #303, Murrieta, CA 92562

(619) 293-3994 • Email: sloftin@docsinsocal.com

SanDiegoInjuryNetwork.com

**Zachary Cohen, M.D.**

SoCal Spine Pain Management

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

1500 S. Imperial Ave., El Centro, CA 92243

(760) 206-4105 • Fax (760) 407-6248

Email: natalie@socialspine.net

SoCalSpine.net

## INTERNAL MEDICINE/ MENTAL HEALTH

Mission Valley/ San Marcos/ Chula Vista/  
Murrieta/ Santee/ La Mesa

**Paul A. Jain, M.D.**

Board Certified Internal Medicine

3838 Camino Del Rio N., #240, San Diego, CA 92108

365 S. Rancho Santa Fe, #103, San Marcos, CA 92078

272 Church Ave., #1, Chula Vista, CA 91910

25495 Medical Center Dr., #303, Murrieta, CA 92562

(619) 880-8844 • Fax (619) 880-8566

DrPaulJain.com

## NEUROLOGY

Clairemont/ San Diego

**Bruce Lasker, M.D.**

Pacific Neurology

Board Certified Neurologist

3737 Moraga Ave., #A5, San Diego, CA 92117

(858) 273-3300 • Fax (858) 273-5736

SanDiegoInjuryNetwork.com

La Mesa/ South Bay

**Amirhassan Bahreman, M.D.**

Neurological & Pain Institute, Inc.

Board Certified Neurologist

8851 Center Dr., #608, La Mesa, CA 91942

(619) 460-5850 • Fax (619) 460-5849

NeurologicalandPain.com

Vista/ Oceanside

**Amirhassan Bahreman, M.D.**

Neurological & Pain Institute, Inc.

Board Certified Neurologist

2023 W. Vista Way, #C, Vista, CA 92083

(619) 460-5850 • Fax (619) 460-5849

NeurologicalandPain.com

Murrieta/ Temecula

**Thomas Schweller, M.D. *NEW!***

Board Certified Neurologist

25495 Medical Center Dr., #303, Murrieta, CA 92562

(619) 293-3994 • Email: sloftin@docsinsocal.com

SanDiegoInjuryNetwork.com

## ORTHOPEDIC SURGEON

Encinitas/ Carlsbad/ La Mesa

**Robert Afra, M.D.**

Orthopedic Surgery San Diego

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

317 N. El Camino Real, #405, Encinitas, CA 92024

8300 University Ave., #A, La Mesa CA 91942

(760) 994-2663 • Fax (760) 942-2418

OrthopedicSurgerySanDiego.com

Kearny Mesa/ Clairemont

**Eric S. Korsh, M.D.**

San Diego Spine Center

Board Certified Orthopaedic Surgeon

3760 Convey St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

National City/ South Bay

**Harish S. Hosalkar, M.D., FACS, FAAOS**

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2323 E. 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

La Jolla/ UTC

**John C. Austin, M.D. *NEW!***

Northwest Orthopaedic Surgery (NWOS)

Board Certified Orthopaedic Surgeon

8929 University Center Ln., #205

San Diego, CA 92122

(858) 703-6964 • Fax (858) 800-2518

NWOrthoSurgery.com

Temecula/ Murrieta

**Harish Hosalkar, M.D. *NEW!***

Board Certified Orthopaedic Surgeon

43517 Ridge Park Dr., Temecula, CA 92590

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

Vista/ Oceanside

**Harish S. Hosalkar, M.D., FACS, FAAOS**

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2023 W. Vista Way, #C, Vista, CA 92083

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

## NEUROSURGEON / SPINE SURGEON

Carlsbad/ Oceanside

**Anthony A. Virella, M.D., FACS**

Virella Neurosurgery

Board Certified Neurosurgeon/ Spine Surgeon

6221 Metropolitan St., #201, Carlsbad, CA 92009

(805) 449-0088 • Fax (805) 449-0046

Email: virellaneurosurgery@gmail.com

Dr-Virella.com

Escondido/ San Diego

**Sunil Jeswani, M.D. *NEW!***

Board Certified Neurosurgeon/ Spine Surgeon

2125 Citracado Pkwy., #310, Escondido, CA 92029

(619) 342-6317 • Email: scheduling@sandiegoinjurynetwork.com

SanDiegoInjuryNetwork.com

Sorrento Valley/ La Jolla

**Mario Ammirati, M.D.**

Board Certified Neurosurgeon/ Spine Surgeon

11199 Sorrento Valley Rd., #203, San Diego, CA 92121

(619) 800-8779 • Fax (619) 354-7098

DrMarioAmmirati.com

## SPINE SURGEON

Alvarado/ La Mesa/ Mission Valley

**Choll W. Kim, M.D.**

Excel Spine

Board Certified Orthopaedic Spine Surgeon

6719 Alvarado Rd., #304, San Diego, CA 92120

(619) 344-6918 • Fax (619) 333-6029 Excelspine.com

Kearny Mesa/ La Jolla

**Eric S. Korsh, M.D.**

San Diego Spine Center

Board Certified Orthopaedic Spine Surgeon

3760 Convey St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324 • SanDiegoSpineCenter.com

San Jose, CA

**Eric S. Korsh, M.D. *NEW!***

San Diego Spine Center

Board Certified Orthopedic Spine Surgeon

1158 Jacklin Rd., San Jose, CA 95035

(669) 400-4322 • Fax (669) 221-4456 • SanDiegoSpineCenter.com

El Centro/ Calexico

**Paul D. Kim, M.D.**

Board Certified Orthopaedic Spine Surgeons

1671 W. Main St., #A, El Centro, CA 92243

(619) 342-6317 • Fax (760) 230-1231

SanDiegoInjuryNetwork.com

## PODIATRY/ FOOT & ANKLE SURGEON

Escondido/ North County/ San Diego

**Jason Morris, DPM**

North County Foot & Ankle Specialists

Board Certified in Foot & Ankle Surgery

736 E. Grand Ave., Escondido, CA 92025

(760) 421-5471 • Fax (760) 745-6651

NorthCountyFootAnkle.com

## PLASTIC SURGEON/HAND SURGEON

Encinitas/ North County

**Mark Schoemann, M.D. *NEW!***

Board Certified Plastic & Reconstructive Surgeon/ Hand Surgeon

477 N. El Camino Real, #D101, Encinitas, CA 92024

(760) 487-2520 • Fax (760) 487-2521

SchoemannPlasticSurgery.com

National City/ South Bay

**Rakesh Guttikonda, D.O.**

Board Certified Plastic & Reconstructive Surgeon/Hand Surgeon

2323 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

RemediSD.com

## EAR, NOSE & THROAT

Sorrento Valley/ La Jolla

**Ritvik Mehta, M.D.**

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology • Board Certified Neurotology

5405 Oberlin Dr., 2nd Flr., San Diego, CA 92121

(619) 342-6317 • Email: danely.valdovinos@calhns.com

Calhns.com

Carlsbad

**Ritvik Mehta, M.D.**

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology • Board Certified Neurotology

2390 Faraday Ave., Carlsbad, CA 92008

(619) 342-6317 • Email: danely.valdovinos@calhns.com • Calhns.com

## GENERAL PRACTICE/ ER PHYSICIAN

Vista/ Oceanside

**Dr. Rana Ram** **NEW!**

Board Certified Emergency Medicine Specialist

2023 W. Vista Way, #C, Vista, CA 92083

(619) 512-1600 • Fax (619) 512-1604

SanDiegoInjuryNetwork.com

## PSYCHOLOGIST/ PSYCHIATRIST

San Diego/ Clairemont/ Telehealth

**Neda Khodaparast, Psy.D, QME**

**David Lipsitt, Psy.D**

**Nafiseh Esfahani, Psy.D**

The Green Room Psychological Services, Inc.

5252 Balboa Ave., #502, San Diego, CA 92017

(858) 480-9118 • Fax (858) 724-0354

TheGreenRoomPsych.com

## NEUROPSYCHOLOGIST

San Diego/ Encinitas

**Catherine J. Ward, Psy.D** **NEW!**

West Coast Neuropsychology

365 S. Rancho Santa Fe Rd., #103, San Marcos, CA 92078

3200 Fourth Ave., #100, San Diego, CA 92103

(619) 293-3994 • Fax (619) 872-4491

Email: admin@drcward.com • DrCWard.com

## DENTAL/ TMJ SPECIALIST

Del Mar/ San Diego

**Faisal Suleiman, DMD**

Torrey Del Mar Dentistry

Board Certified Dentist

13859 Carmel Valley Rd., #D, San Diego, CA 92130

(858) 531-2560 • Fax (760) 230-1231

## RADIOLOGISTS/DIAGNOSTIC IMAGING

Del Mar- San Diego/ Carlsbad/ Chula Vista

**MAX MRI/ Sorrento Valley** **NEW!**

10211 Pacific Mesa Blvd., #410-41, San Diego, CA 92121

**MAX MRI Chula Vista**

865 3rd Ave., #121, Chula Vista, CA 91911

Sales/ Marketing: David Perkins (619) 300-5983

(800) 851-4150 • (866) 700-4064 • maxmrimaging.com

**EXPERT MRI Kearny Mesa**

**(MRI, Arthrogram & X-Ray)**

5395 Ruffin Rd., #100, San Diego, CA 92123

Sales/ Marketing: Hanna Pajunen (760) 716-1030

(877) 674-8888 • Fax (877) 370-5458

Email: scheduling@expertmri.com • ExpertMRI.com

## PHARMACY

La Jolla/ Rancho Santa Fe/ Oceanside/ Chula

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Santee/ San Marcos/ Escondido

**PayLater Pharmacy**

Director: Janet Noriega (818) 470-7331

Email: jnoriega@paylaterpharmacy.com

(833) PALATER (725-2837) • Fax: (702) 947-4955

PayLaterPharmacy.com

## POSTACUTE BRAIN INJURY REHABILITATION CLINIC

Los Angeles/ Bakersfield

**Centre for Neuro Skills**

5411 Etiwanda Ave., #300, Tarzana, CA 91356

(800) 922-4994 • Fax: (818) 783-8412

5215 Ashe Rd., Bakersfield, CA 93313

(800) 922-4994 • Fax (661) 872-5150

Contact: DeAnna Gomez (951) 239-2046

Email: dgomez@neuroskills.com • NeuroSkills.com

## HOSPITAL/SURGERIES ON LIEN

National City/ South Bay

**Paradise Valley Hospital**

San Diego Spine & Joint Center

2400 E. 4th St., National City, CA 91950

Contact: Octavio Aguirre

(619) 517-6561 • Email: oaaguirre@primehealthcare.com

ParadiseValleyHospital.net

## ACUPUNCTURE

Mission Valley

**Mario Mancini, O.M.D., L.Ac, QME**

**David Wachtel, DACM, L.Ac**

**Allison Blacutt, DACM, L.Ac**

**Maryna Smolnikava, DACM, L.Ac**

Center for Integrative Care

Doctor of Oriental Medicine

Licensed Acupuncturist

3547 Camino Del Rio S., #C, San Diego, CA 92108

(619) 287-4005 • Fax (619) 287-1135

CenterForIntegrativeCare.com

Encinitas

**Matt Alavi, L.Ac, DIPL. OM**

**Dana Steindorf, L.Ac, DIPL. OM**

**Brett Rabin, L.Ac**

ActiveMed Integrative Health Center / Licensed Acupuncturists

317 N. El Camino Real, #306, Encinitas, CA 92024

(858) 673-4400 • Fax (858) 673-4499

www.ActiveMedHealth.com

La Mesa

**Theresa Kuni Ellithorpe, L.Ac**

Licensed Acupuncturist

3691 Via Mercado, #14, La Mesa, CA 91941

(619) 444-3191 • Fax (619) 444-3193

Email: kuniacu@gmail.com

Poway

**Matt Alavi, L.Ac, DIPL. OM**

**Brandy Brown, L.Ac**

ActiveMed Integrative Health Center

Licensed Acupuncturists

15611 Pomerado Rd., #520, Poway, CA 92064

(858) 673-4400 • Fax (858) 673-4499

www.ActiveMedHealth.com

## CHIROPRACTIC

Carlsbad

**Derek Rupp, D.C.**

**Katelyn Rupp, D.C. NEW!**

West Coast Chiropractic Center

3144 El Camino Real, #201, Carlsbad, CA 92008

(760) 730-7313 • Fax (760) 720-2930

WestCoastChiropracticCenter.com

Carmel Valley/ Del Mar

**Jay Kunard, D.C., CSCS**

Carmel Valley Chiropractic & Rehab

12750 Carmel Country Rd., #207, San Diego, CA 92130

(858) 254-2047 • Fax (858) 481-7354

CVspine.com

Chula Vista/ Eastlake

**Andrew Kohler, D.C.**

Kohler Family Chiropractic

236 F Street, Chula Vista, CA 91910

(619) 420-7858 • Fax (619) 420-4569

KohlerChiro.com

Clairemont/ Kearny Mesa

**Carol Spiegelman, D.C., QME, IME**

**Charles Salanger, D.C., QME, IME**

Spiegelman Chiropractic / Salanger Chiropractic

8304 Clairemont Mesa Blvd., #114, San Diego, CA 92111

(858) 565-8645 • Fax (858) 565-4207

DrSpiegelman.com

Downtown

**Brian Garrett, D.C.**

Garrett Downtown Chiropractic

1901 1st Ave., #245, San Diego, CA 92101

(619) 232-2225 • Fax (619) 795-2619

DowntownSanDiegoChiro.com

Eastlake/ Chula Vista

**R. Christian Jespersion, D.C.**

**Daniel Henrie, D.C.**

Chiropractic Family Health Center

1333 N. 2nd St., El Cajon, CA 92021

(619) 444-4792 • Fax (619) 444-4892

ElCajonChiro.com

Encinitas

**Kent W. Pollock II, D.C.**

Chiropractic Center of North County

848 2nd St., Encinitas, CA 92024

(760) 633-1202 • Fax (760) 633-1207

CarlsbadChiropractor.com (in Encinitas)

Escondido/ Ramona

**Jeffrey Bloom, D.C.**

**Teresa Guta-Bloom, D.C., QME**

Bloom Family Chiropractic

633 E. Grand Ave., Escondido, CA 92025

(760) 747-4737 • Fax (760) 747-9905

BloomFamilyChiro.com

South Bay/ Imperial Beach

**Kristy Cadava, D.C., QME**

Cadava Chiropractic

1676 Palm Ave., San Diego, CA 92154

(619) 423-3217 • Fax (619) 423-8619

DrCadava.com

La Jolla/ UTC

**Brandon Goldstein, D.C.**

Head, Neck and Spine Center of San Diego

8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037

(858) 558-3111 • Fax (858) 558-3641

LaJolladrc.com

La Mesa

**Danny Bachoua, D.C.**

San Diego Chiropractic Doctors

3691 Via Mercado, #15, La Mesa, CA 91941

(619) 444-3191 • Fax (619) 444-3193

SDchiropractic.net

East Mira Mesa

**Jay Kunard, D.C., CSCS**

Mira Mesa Chiropractic & Rehab

10717 Camino Ruiz, #255, San Diego, CA 92126

(858) 213-3926 • Fax (858) 225-0124

ChiroMiraMesa.com

Mission Valley/ North Park

**Christopher Spence, D.C.**

**Suzanne Spence, D.C.**

Spence Chiropractic Center

8555 Station Village Ln., #B, San Diego, CA 92108

(619) 284-3883 • Fax (619) 295-1795

SpenceChiropractic.com

Menifee/ Sun City/ Perris

**Blake Caropino, D.C. NEW!**

**Larry Basch, D.C., CCSP, CCEP, ICSC**

Menifee Chiropractic

26820 Cherry Hills Blvd., #4, Menifee, CA 92586

(951) 679-4121 • Fax (951) 679-2306

MenifeeChiropractic.com

Murrieta/ Temecula

**Dae Lee, D.C.**

Lee Chiropractic

25285 Madison Ave., #108, Murrieta, CA 92562

(951) 600-8198 • Fax (951) 698-4932

HoytChiropractic.com

National City

**Joe A. Hernandez, D.C. NEW!**

Hernandez Chiropractic

3142 E. Plaza Blvd., Suite T, National City, CA 91950

(619) 918-3721 • Fax (760) 591-7878

HernandezChiropracticSanMarcosCA.com

Oceanside

**Perry Smith, D.C.**

Mission Chiropractic

3815 Mission Ave #103, Oceanside, CA 92054

(760) 433-8641 • Fax (760) 433-9152

Oceanside-Chiropractic.com

Poway/ Rancho Bernardo

**Mark Burdette, D.C.**

**Richard Doss, D.C.**

**Amber Stewart, D.C.**

Community Chiropractic

13029 Pomerado Rd., #A, Poway, CA 92064

(858) 486-1222 • Fax (858) 513-2088

DrMark.biz

San Marcos

**Joe A. Hernandez, D.C.**

Hernandez Chiropractic

1125 Linda Vista Dr., #102, San Marcos, CA 92078

(760) 591-4878 • Fax (760) 591-7878

HernandezChiropracticSanMarcos.com

Santee/ Alpine

**Wayne Whalen, D.C., QME, DACAN**

Whalen Chiropractic

9570 Cuyamaca St., #101, Santee, CA 92071

(619) 258-1144 • Fax (619) 258-6887

DrWhalen.com

Sorrento Valley/ West Mira Mesa

**Kamran Jahangiri, D.C., CBIS, DACNB**

**Steven Albinder, D.C., DACNB**

San Diego Chiropractic Neurology

(Specializing in evaluation and treatment of concussion/ TBI)

5230 Carroll Canyon Rd., #218, San Diego, CA 92121

(619) 344-0111 • Fax (619) 344-0111

SDChiroNeuro.com

Vista

**Reza Shakeri, D.C.**

Accident Recovery Center

510 Civic Center Dr., #B, Vista, CA 92084

(760) 707-4629 • Fax (760) 295-0844

Calexico/ El Centro

**Jon Franks, D.C.**

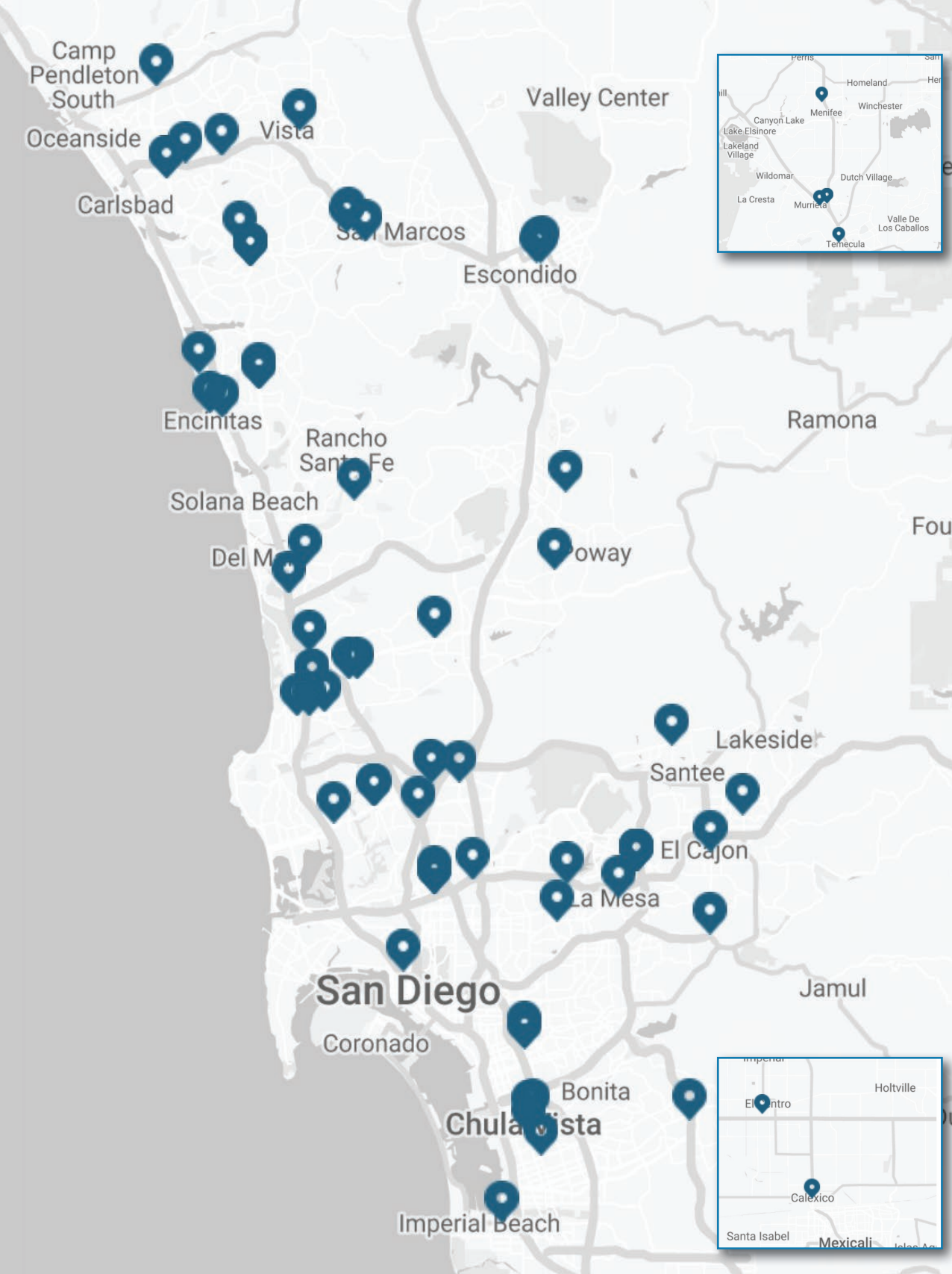
Lifeforce Sports Chiropractic

943 Imperial Ave., #B, Calexico, CA 92231

(310) 592-5479 • Fax (888) 885-0615

SanDiegoInjuryNetwork.com





## OUR MEDICAL PROVIDER CONSULTANTS



**Jennifer Evans-Wong**  
*President & CEO*



**Cielo Porreco**  
*Marketing Director*  
*Central San Diego/ North County*



**Violet Flores**  
*Marketing Coordinator*  
*Temecula/ Murrieta/ Riverside*



**Cecilia Oliva**  
*Administrative Assistant*



**Josie Gaxiola**  
*Marketing Coordinator*  
*East County/ South Bay*



**Octavio Aguirre**  
*Hospital Consultant*  
*Alvarado & Paradise Valley Hospital*

  
**SAN DIEGO**  
**INJURY NETWORK**  
**(888) 434-4888**

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8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037

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