



# **SAN DIEGO** **INJURY NETWORK**

## **MEDICAL DIRECTORY**



**Pain Management, Orthopedics, Spine Surgeons, Neurosurgeons, Plastic Surgeons, Neurology, Chiropractors, ENT Specialists, Acupuncture, Psychologists, Family Practice, Physical Therapists, Dentists, Imaging Centers, etc.**

As San Diego's first directory of doctors specializing in Personal Injury and Workers' Compensation, SDIN providers have been treating accident victims since 1980.

**Finding the right medical specialist for your client is just a click or phone call away!**

**Check out our website!**

**888.434.4888 • [www.SanDiegoInjuryNetwork.com](http://www.SanDiegoInjuryNetwork.com)**

## PAIN MANAGEMENT

Alpine/ El Cajon

**Jesus H. Lao, M.D.**

Alpine Advanced Pain Management

Board Certified Physical Med & Rehab Specialist

1392 Tavern Rd., Alpine, CA 91901

(619) 255-8800 • Fax (619) 255-8083

SanDiegoInjuryNetwork.com

Carlsbad/ Oceanside

**Yogesh V. Patel, M.D.**

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

(760) 607-1735 • Fax (760) 683-5922

**Nathan Miller, M.D.**

**Ankush K. Bansal, M.D.**

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

(760) 681-4330 • Fax (866) 317-9306

CoastalPainGroup.com

Encinitas/ Solana Beach

**Keeran Kumar, M.D.**

Spine & Pain Management

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

320 Santa Fe Dr., #308, Encinitas, CA 92024

(858) 764-3837 • Fax (760) 230-6566

SDPainClinic.com

Mission Valley

**Paul E. Kim, M.D.**

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

3549 Camino Del Rio S., #A, San Diego, CA 92108

(619) 543-0144 • Fax (619) 542-0445

SanDiegoPainMD.com

Escondido

**Tania Faruque, M.D. NEW!**

Palomar Spine & Pain

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

255 N. Elm St., #101, Escondido, CA 92025

(760) 489-1876 • Fax (760) 489-1748

PalomarSpineandPain.com

La Jolla/ Sorrento Valley/ Mira Mesa

**Roger Kasendorf, D.O.**

Board Certified Pain Medicine/

Physical Medicine & Rehabilitation

**Lars R. Newsome, M.D.**

Board Certified in Pain Management,

Anesthesiology and Critical Care Medicine

(Interventional Spine Procedures)

9834 Genesee Ave., #221, La Jolla, CA 92037

(858) 429-6290 • F (858) 244-0152

DrRogerKasendorf.com

National City/ South Bay

**Joshua S. Pal, M.D.**

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

2720 E. Plaza Blvd., #U, National City, CA 91950

(619) 436-5310 • Fax (619) 577-4106

SanDiegoInjuryNetwork.com

Temecula/ Murrieta

**Joshua S. Pal, M.D.**

Board Certified Pain Management Specialist

27699 Jefferson Ave., #305, Temecula, CA 92590

(619) 436-5310 • Fax (619) 577-4106

SanDiegoInjuryNetwork.com

## NEUROLOGY

Clairemont/ San Diego

**Bruce Lasker, M.D.**

Pacific Neurology

Board Certified Neurologist

3737 Moraga Ave., #A5, San Diego, CA 92117

(858) 273-3300 • Fax (858) 273-5736

SanDiegoInjuryNetwork.com

La Mesa/ South Bay

**Amirhassan Bahreman, M.D.**

Neurological & Pain Institute, Inc.

Board Certified Neurologist

8851 Center Dr., #608, La Mesa, CA 91942

(619) 460-5850 • Fax (619) 460-5849

NeurologicalandPain.com

Vista/ Oceanside

**Amirhassan Bahreman, M.D.**

Neurological & Pain Institute, Inc.

Board Certified Neurologist

2023 W. Vista Way, #C, Vista, CA 92083

(619) 460-5850 • Fax (619) 460-5849

NeurologicalandPain.com

## ORTHOPEDIC SURGEON

Encinitas/ Carlsbad

**Robert Afra, M.D.**

Orthopedic Surgery San Diego

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

317 N. El Camino Real, #405, Encinitas, CA 92024

(760) 994-2663 • Fax (760) 942-2418

OrthopedicSurgerySanDiego.com

Kearny Mesa/ La Jolla

**Eric S. Korsh, M.D.**

San Diego Spine Center

Board Certified Orthopaedic Surgeon

3760 Convoy St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

National City/ South Bay

**Harish S. Hosalkar, M.D., FACS, FAAOS**

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2323 E. 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

Sorrento Valley/ Mira Mesa/Poway

**David A. Petersen, M.D.**

Gold Coast Orthopaedics & Spine

Board Certified Orthopaedic Surgeon

4910 Directors Pl., #350, San Diego, CA 92121

Patient Care Liaison: Josie Gaxiola (213) 219-1800

(844) 484-4267 • Fax (949) 381-5687

SanDiegoInjuryNetwork.com

Temecula/ Murrieta

**Matthew Gargulinski, D.O.**

Board Certified Orthopaedic Surgeon

27699 Jefferson Ave., #210, Temecula, CA 92590

(858) 531-2560 • Fax (760) 230-1231

SanDiegoInjuryNetwork.com

Vista/ Oceanside

**Harish S. Hosalkar, M.D., FACS, FAAOS**

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2023 W. Vista Way, #C, Vista, CA 92083

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

## NEUROSURGEON

Sorrento Valley/ La Jolla

**Mario Ammirati, M.D. NEW!**

Board Certified Neurosurgeon/ Spine Surgeon

11199 Sorrento Valley Rd., #203, San Diego, CA 92121

(619) 800-8779 • Fax (619) 354-7098

DrMarioAmmirati.com

## SPINE SURGEON

Alvarado/ La Mesa

**Choll W. Kim, M.D.**

Excel Spine

Board Certified Orthopaedic Spine Surgeon

6719 Alvarado Rd., #308, San Diego, CA 92120

(619) 344-6918 • Fax (619) 333-6029

Excelspine.com

Kearny Mesa/ La Jolla

**Eric S. Korsh, M.D. NEW!**

San Diego Spine Center

Board Certified Orthopaedic Spine Surgeon

3760 Convoy St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

El Centro/ Calexico

**Jean Jacques Abitbol, M.D.**

Board Certified Orthopaedic Spine Surgeons

1501 Ocotillo Dr., #G, El Centro, CA 92243

(619) 342-6317 • Fax (760) 230-1231

SanDiegoInjuryNetwork.com

Sorrento Valley/ Mira Mesa

**David A. Petersen, M.D.**

Gold Coast Orthopaedics & Spine

Board Certified Orthopaedic Surgeon

4910 Directors Pl., #350, San Diego, CA 92121

Patient Care Liaison: Josie Gaxiola (213) 219-1800

(844) 484-4267 • Fax (949) 381-5687

SanDiegoInjuryNetwork.com

## PODIATRY/ FOOT & ANKLE SURGEON

Escondido/ North County/ San Diego

**Jason Morris, DPM NEW!**

North County Foot & Ankle Specialists

Board Certified in Foot & Ankle Surgery

736 E. Grand Ave., Escondido, CA 92025

(760) 421-5471 • Fax (760) 745-6651

NorthCountyFootandAnkle.com

## PLASTIC SURGEON/HAND SURGEON

National City/ South Bay

**Rakesh Guttikonda, D.O.**

Board Certified Plastic & Reconstructive Surgeon/Hand Surgeon

2323 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

RemediSD.com

## EAR, NOSE & THROAT

Sorrento Valley/ La Jolla

**Ritvik Mehta, M.D.**

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology

Board Certified Neurotology

5405 Oberlin Dr., 2nd Flr., San Diego, CA 92121

(619) 342-6317 • Email: toni.ruble@calhns.com

Calhns.com

Carlsbad

**Ritvik Mehta, M.D.**

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology

Board Certified Neurotology

2390 Faraday Ave., Carlsbad, CA 92008

(619) 342-6317 • Email: toni.ruble@calhns.com

Calhns.com

## INTERNAL MEDICINE/FAMILY PRACTICE

Clairemont/ Kearny Mesa

**M. Michelle Hamidi, M.D.**

Associates in Family Medicine

Board Certified Family Medicine

5222 Balboa Ave., #31, San Diego, CA 92117

(858) 565-6394 • Fax (858) 999-2006

SanDiegoFamilyMedicine.com

Hillcrest/ San Diego/ San Marcos/ Chula Vista/

Murrieta/ Brawley

**Paul A. Jain, M.D.**

Board Certified Internal Medicine

3200 Fourth Ave., #100, San Diego, CA 92103

365 S. Rancho Santa Fe, #103, San Marcos, CA 92078

272 Church Ave., #1, Chula Vista, CA 91910

(619) 293-3994 • Fax (619) 260-1048

DrPaulJain.com

## PSYCHOLOGIST/ PSYCHIATRIST

San Diego/ Clairemont/ Telehealth  
**Neda Khodaparast, Psy.D, QME *NEW!***  
**David Lipsitt, Psy.D**  
**Nafeseh Esfahani, Psy.D**  
The Green Room Psychological Services, Inc.  
5252 Balboa Ave., #502  
San Diego, CA 92117  
(858) 480-9118 • Fax (858) 724-0354  
TheGreenRoomPsych.com

## DENTAL/ TMJ SPECIALIST

Del Mar/ San Diego  
**Faisal Suleiman, DMD**  
Torrey Del Mar Dentistry  
Board Certified Dentist  
13859 Carmel Valley Rd., #D, San Diego, CA 92130  
(858) 531-2560 • Fax (760) 230-1231

## RADIOLOGISTS/DIAGNOSTIC IMAGING

Del Mar- San Diego/ Carlsbad/ Chula Vista  
**MAX MRI/Del Mar Medical Imaging**  
12264 El Camino Real, #102  
San Diego, CA 92130  
**MAX MRI Carlsbad**  
3144 El Camino Real, #107, Carlsbad, CA 92008  
**MAX MRI Chula Vista**  
865 3rd Ave., #121, Chula Vista, CA 91911  
Sales/ Marketing: David Perkins (619) 300-5983  
(800) 851-4150 • (866) 700-4064  
maxmrimaging.com  
**EXPERT MRI Kearny Mesa**  
**(MRI, Arthrogram & X-Ray)**  
5395 Ruffin Rd., #100, San Diego, CA 92123  
Sales/ Marketing: Leesa Olsson (661) 755-3135  
Kylie Froyen (805) 651-8830  
(877) 674-8888 • Fax (877) 370-5458  
Email: scheduling@expertmri.com  
ExpertMRI.com

## PHARMACY

La Jolla/ Rancho Santa Fe/ Oceanside/ Chula Vista/ Bonita/ National City/ La Mesa/ El Cajon/ Santee/ San Marcos/ Escondido  
**PayLater Pharmacy**  
Director: Lisa Smith (702) 852-6610  
Email: lisa@paylaterpharmacy.com  
Contact: Jannet Noriega (818) 470-7331  
Email: jnoriega@paylaterpharmacy.com  
(833) PALATER (725-2837) • fax: (702) 947-4955  
PayLaterPharmacy.com

## INPATIENT REHABILITATION FACILITY/ SKILLED NURSING SERVICES/ ACUTE-SUBACUTE

San Diego/ California/ La Mesa  
**Coastal Injury Care Center**  
8780 Elden Street  
La Mesa, CA 91942  
(858) 946-3100  
Email: admin@coastalinjurycarecenter.com  
CoastalInjuryCareCenter.com

## HOSPITAL/SURGERIES ON LIEN

National City/ South Bay  
**Paradise Valley Hospital**  
San Diego Spine & Joint Center  
2400 E. 4th St., National City, CA 91950  
Contact: Octavio Aguirre  
(619) 517-6561 • Email: oaguirre@primehealthcare.com  
ParadiseValleyHospital.net

## ACUPUNCTURE

Mission Valley  
**Mario Mancini, O.M.D., L.Ac, QME**  
**Lynsi Lewis, DACM, L.Ac**  
**Mauricio Perez, DACM, L.Ac**  
**Maryna Smolnikava, DACM, L.Ac**  
**Christian Pedretti, DACM, L.Ac**  
Center for Integrative Care  
Doctor of Oriental Medicine  
Licensed Acupuncturist  
3547 Camino Del Rio S., #C, San Diego, CA 92108  
(619) 287-4005 • Fax (619) 287-1135  
CenterForIntegrativeCare.com

Encinitas  
**Matt Alavi, L.Ac, DIPL. OM**  
**Dana Steindorf, L.Ac, DIPL. OM**  
**Brett Rabin, L.Ac**  
ActiveMed Integrative Health Center  
Licensed Acupuncturists  
317 N. El Camino Real, #306, Encinitas, CA 92024  
(858) 673-4400 • Fax (858) 673-4499  
www.ActiveMedHealth.com  
Poway  
**Matt Alavi, L.Ac, DIPL. OM**  
**Brandy Brown, L.Ac**  
ActiveMed Integrative Health Center  
Licensed Acupuncturists  
15611 Pomerado Rd., #520, Poway, CA 92064  
(858) 673-4400 • Fax (858) 673-4499  
www.ActiveMedHealth.com

## CHIROPRACTIC

Carlsbad  
**Derek Rupp, D.C.**  
West Coast Chiropractic Center  
3144 El Camino Real, #201, Carlsbad, CA 92008  
(760) 730-7313 • Fax (760) 720-2930  
WestCoastChiropracticCenter.com  
Carmel Valley/ Del Mar  
**Jay Kunard, D.C., CSCS**  
Carmel Valley Chiropractic & Rehab  
12750 Carmel Country Rd., #207, San Diego, CA 92130  
(858) 254-2047 • Fax (858) 481-7354  
CVspine.com  
Chula Vista/ Bonita  
**Andrew Kohler, D.C.**  
Kohler Family Chiropractic  
236 F Street, Chula Vista, CA 91910  
(619) 420-7858 • Fax (619) 420-4569  
KohlerChiro.com  
Clairemont/ Kearney Mesa  
**Carol Spiegelman, D.C., QME, IME**  
**Charles Salanger, D.C., QME, IME**  
Spiegelman Chiropractic / Salanger Chiropractic  
8304 Clairemont Mesa Blvd., #114, San Diego, CA 92111  
(858) 565-8645 • Fax (858) 565-4207  
DrSpiegelman.com  
Downtown  
**Brian Garrett, D.C.**  
Garrett Downtown Chiropractic  
701 B St., #515, San Diego, CA 92101  
(619) 232-2225 • Fax (619) 795-2619  
DowntownSanDiegoChiro.com  
Eastlake/ Chula Vista  
**Joe Snyder, D.C.**  
Ignite Chiropractic  
2090 Otay Lakes Rd., #101  
Chula Vista, CA 91913  
(619) 942-5550 • Fax (619) 872-2496  
IgniteChiropractor.com  
El Cajon  
**R. Christian Jespersen, D.C.**  
**Daniel Henrie, D.C.**  
Chiropractic Family Health Center  
1333 N. 2nd St., El Cajon, CA 92021  
(619) 444-4792 • Fax (619) 444-4892  
ElCajonChiro.com  
Escondido/ Ramona  
**Jeffrey Bloom, D.C.**  
**Teresa Guta-Bloom, D.C., QME**  
Bloom Family Chiropractic  
633 E. Grand Ave., Escondido, CA 92025  
(760) 747-4737 • Fax (760) 747-9905  
BloomFamilyChiro.com  
Encinitas  
**Kent W. Pollock II, D.C.**  
Chiropractic Center of North County  
848 2nd St., Encinitas, CA 92024  
(760) 633-1202 • Fax (760) 633-1207  
CarlsbadChiropractor.com (in Encinitas)  
South Bay/ Imperial Beach  
**Kristy Cadava, D.C., QME**  
Cadava Chiropractic  
1676 Palm Ave., San Diego, CA 92154  
(619) 423-3217 • Fax (619) 423-8619  
DrCadava.com

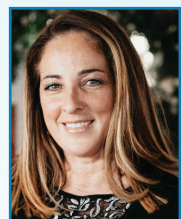
La Jolla/ UTC  
**Brandon Goldstein, D.C.**  
Head, Neck and Spine Center of San Diego  
8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037  
(858) 558-3111 • Fax (858) 558-3641  
LaJolladc.com  
La Mesa  
**Danny Bachoua, D.C.**  
**Mark Cincotta, D.C.**  
San Diego Chiropractic Doctors  
3691 Via Mercado, #15, La Mesa, CA 91941  
(619) 444-3191 • Fax (619) 444-3193  
SDchiropractic.net  
Sorrento Valley/ West Mira Mesa  
**Kamran Jahangiri, D.C., CBIS, DACNB**  
**Steven Albinder, D.C., DACNB**  
San Diego Chiropractic Neurology  
(Specializing in evaluation and treatment of concussion/ TBI)  
5230 Carroll Canyon Rd., #218, San Diego, CA 92121  
(619) 344-0111 • Fax (619) 344-0111  
SDChiroNeuro.com  
East Mira Mesa  
**Jay Kunard, D.C., CSCS**  
Mira Mesa Chiropractic & Rehab  
10717 Camino Ruiz, #255, San Diego, CA 92126  
(858) 213-3926 • Fax (858) 225-0124  
ChiroMiraMesa.com  
Mission Valley/ North Park  
**Christopher Spence, D.C.**  
**Suzanne Spence, D.C.**  
Spence Chiropractic Center  
8555 Station Village Ln., #B, San Diego, CA 92108  
(619) 284-3883 • Fax (619) 295-1795  
SpenceChiropractic.com  
Murrieta/ Temecula  
**Dae Lee, D.C.**  
Lee Chiropractic  
25285 Madison Ave., #108, Murrieta, CA 92562  
(951) 600-8198 • Fax (951) 698-4932  
HoytChiropractic.com  
Oceanside/ West Vista  
**Perry Smith, D.C.**  
Mission Chiropractic  
3815 Mission Ave #103, Oceanside, CA 92054  
(760) 433-8641 • Fax (760) 433-9152  
Oceanside-Chiropractic.com  
Poway/ Rancho Bernardo  
**Mark Burdette, D.C.**  
**Richard Doss, D.C.**  
Community Chiropractic  
13029 Pomerado Rd., #A, Poway, CA 92064  
(858) 486-1222 • Fax (858) 513-2088  
DrMark.biz  
San Marcos/ East Vista  
**Joe A. Hernandez, D.C.**  
Hernandez Chiropractic  
1125 Linda Vista Dr., #102, San Marcos, CA 92078  
(760) 591-4878 • Fax (760) 591-7878  
HernandezChiropracticSanMarcos.com  
Santee/ Alpine  
**Wayne Whalen, D.C., QME, DACAN**  
Whalen Chiropractic  
9570 Cuyamaca St., #101, Santee, CA 92071  
(619) 258-1144 • Fax (619) 258-6887  
DrWhalen.com  
Calexico/ El Centro  
**Jon Franks, D.C.**  
Lifeforce Sports Chiropractic  
943 Imperial Ave., #B  
Calexico, CA 92231  
(310) 592-5479 • Fax (888) 885-0615  
SanDiegoInjuryNetwork.com



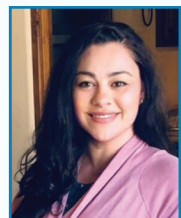
## OUR MEDICAL PROVIDER CONSULTANTS



**Jennifer Evans-Wong**  
*President & CEO*



**Cielo Porreco**  
*Marketing Director  
Central San Diego/ North County*



**Violet Flores**  
*Marketing Coordinator  
Temecula/ Murrieta/ Riverside*



**Cecilia Oliva**  
*Administrative Assistant*



**Josie Gaxiola**  
*Marketing Coordinator  
East County/ South Bay*



**Octavio Aguirre**  
*Hospital Consultant  
Alvarado & Paradise Valley Hospital*



[www.SanDiegoInjuryNetwork.com](http://www.SanDiegoInjuryNetwork.com) • [contact@sandiegoinjurynetwork.com](mailto:contact@sandiegoinjurynetwork.com)  
8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037