



SAN DIEGO INJURY NETWORK

MEDICAL DIRECTORY



Pain Management, Orthopedics, Spine Surgeons, Neurosurgeons, Plastic Surgeons, Neurology, Chiropractors, ENT Specialists, Acupuncture, Psychologists, Family Practice, Physical Therapists, Dentists, Imaging Centers, etc.

As San Diego's first directory of doctors specializing in Personal Injury and Workers' Compensation, SDIN providers have been treating accident victims since 1980.

Finding the right medical specialist for your client is just a click or phone call away!

Check out our website!

888.434.4888 • www.SanDiegoInjuryNetwork.com

PAIN MANAGEMENT

Alpine/ El Cajon

Jesus H. Lao, M.D.

Alpine Advanced Pain Management

Board Certified Physical Med & Rehab Specialist

1392 Tavern Rd., Alpine, CA 91901

(619) 722-4270 • Fax (619) 722-4273

AlpinePainDoctors.com

Carlsbad/ Oceanside

Yogesh V. Patel, M.D.

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

(760) 607-1735 • Fax (760) 683-5922

Nathan Miller, M.D.

Ankush K. Bansal, M.D.

Coastal Pain & Spinal Diagnostics

Board Certified Pain Management Specialists

6221 Metropolitan St., #201, Carlsbad, CA 92009

(760) 681-4330 • Fax (866) 317-9306

CoastalPainGroup.com

Encinitas/ Solana Beach

Keeran Kumar, M.D.

Spine & Pain Management

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

320 Santa Fe Dr., #308, Encinitas, CA 92024

(858) 764-3837 • Fax (760) 230-6566

SDPainClinic.com

Mission Valley

Paul E. Kim, M.D.

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

3549 Camino Del Rio S., #A, San Diego, CA 92108

(619) 543-0144 • Fax (619) 542-0445

SanDiegoPainMD.com

Escondido

Paul E. Kim, M.D.

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

240 W. Mission Ave., #C, Escondido, CA 92025

(619) 543-0144 • Fax (619) 543-0445

SanDiegoPainMD.com

La Jolla/ Sorrento Valley/ Mira Mesa

Roger Kasendorf, D.O. NEW!

Board Certified Pain Medicine/

Physical Medicine & Rehabilitation

Lars R. Newsome, M.D. NEW!

Board Certified in Pain Management,

Anesthesiology and Critical Care Medicine

(Interventional Spine Procedures)

9834 Genesee Ave., #221, La Jolla, CA 92037

(858) 429-6290 • F (858) 244-0152

DrRogerKasendorf.com

National City/ South Bay

Joshua S. Pal, M.D.

Board Certified Pain Management Specialist

Board Certified Anesthesiology Specialist

2720 E. Plaza Blvd., #U, National City, CA 91950

(619) 436-5310 • Fax (619) 577-4106

SanDiegoInjuryNetwork.com

Temecula/ Murrieta

Joshua S. Pal, M.D. NEW!

Board Certified Pain Management Specialist

27699 Jefferson Ave., #305, Temecula, CA 92590

(619) 436-5310 • Fax (619) 577-4106

SanDiegoInjuryNetwork.com

NEUROLOGY

Clairemont/ San Diego

Bruce Lasker, M.D.

Pacific Neurology

Board Certified Neurologist

3737 Moraga Ave., #A5, San Diego, CA 92117

(858) 273-3300 • Fax (858) 273-5736

SanDiegoInjuryNetwork.com

La Mesa/ South Bay

Amirhassan Bahreman, M.D.

Neurological & Pain Institute, Inc.

Board Certified Neurologist

8851 Center Dr., #608, La Mesa, CA 91942

(619) 460-5850 • Fax (619) 460-5849

SanDiegoInjuryNetwork.com

ORTHOPEDIC SURGEON

Encinitas/ Carlsbad

Robert Afra, M.D.

Orthopedic Surgery San Diego

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

317 N. El Camino Real, #405, Encinitas, CA 92024

(760) 994-2663 • Fax (760) 942-2418

OrthopedicSurgerySanDiego.com

Kearny Mesa/ La Jolla

Eric S. Korsh, M.D. NEW!

San Diego Spine Center

Board Certified Orthopaedic Surgeon

3760 Convoy St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

National City/ South Bay

Harish S. Hosalkar, M.D., FACS, FAAOS

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2323 E. 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

Poway/ Escondido

William W. Winternitz, Jr.

Pomerado Orthopedic Specialists

Board Certified Orthopaedic Surgeon

Board Certified in Sports Medicine

12630 Monte Vista Rd., #105, Poway, CA 92064

(858) 240-4689 • Fax (858) 487-7281

PowayOrthopedist.com

Sorrento Valley/ Mira Mesa

David A. Petersen, M.D.

Gold Coast Orthopaedics & Spine

Board Certified Orthopaedic Surgeon

4910 Directors Pl., #350, San Diego, CA 92121

Patient Care Liaison: Josie Gaxiola (213) 219-1800

(844) 484-4267 • Fax (949) 381-5687

DavidPetersenMD.com

Temecula/ Murrieta

Matthew Gargulinski, D.O. NEW!

Board Certified Orthopaedic Surgeon

27699 Jefferson Ave., #210, Temecula, CA 92590

(858) 531-2560 • Fax (760) 230-1231

SanDiegoInjuryNetwork.com

Vista/ Oceanside

Harish S. Hosalkar, M.D., FACS, FAAOS

The Hosalkar Institute for Joint Preservation & Injury Care

Board Certified Orthopaedic Surgeon (Adult & Pediatric)

2023 W. Vista Way, #C, Vista, CA 92083

(619) 512-1600 • Fax (619) 512-1604

DrHosalkar.com

SPINE SURGEON

Alvarado/ La Mesa

Choll W. Kim, M.D.

Spine Institute of San Diego

Board Certified Orthopaedic Spine Surgeon

6719 Alvarado Rd., #308, San Diego, CA 92120

(619) 265-7912 • Fax (619) 265-7922

SIOSD.com

Kearny Mesa/ La Jolla

Eric S. Korsh, M.D. NEW!

San Diego Spine Center

Board Certified Orthopaedic Spine Surgeon

3760 Convoy St., #114, San Diego, CA 92111

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

Encinitas

Eric S. Korsh, M.D. NEW!

San Diego Spine Center

Board Certified Orthopaedic Spine Surgeon

285 N. El Camino Real, #117, Encinitas, CA 92024

(858) 715-8444 • Fax (858) 715-8324

SanDiegoSpineCenter.com

El Centro/ Calexico

Jean Jacques Abitbol, M.D.

Board Certified Orthopaedic Spine Surgeons

1501 Ocotillo Dr., #G, El Centro, CA 92243

(619) 342-6317 • Fax (760) 230-1231

SanDiegoInjuryNetwork.com

Sorrento Valley/ Mira Mesa

David A. Petersen, M.D.

Gold Coast Orthopaedics & Spine

Board Certified Orthopaedic Surgeon

4910 Directors Pl., #350, San Diego, CA 92121

Patient Care Liaison: Josie Gaxiola (213) 219-1800

(844) 484-4267 • Fax (949) 381-5687

DavidPetersenMD.com

NEUROSURGEON/SPINE SURGEON

La Jolla/ Encinitas

Frank J. Coufal, M.D. NEW!

La Jolla Neurosurgical Associates, AMC

Board Certified Neurosurgeon

9834 Genesee Ave., #411, La Jolla, CA 92037

(858) 677-1755 • Fax (858) 677-1771

LJNA.net

PLASTIC SURGEON/HAND SURGEON

National City/ South Bay

Rakesh Guttikonda, D.O.

Board Certified Plastic & Reconstructive Surgeon/Hand Surgeon

2323 8th St., #103, National City, CA 91950

(619) 512-1600 • Fax (619) 512-1604

RemediSD.com

Vista/ Oceanside

Rakesh Guttikonda, D.O.

Board Certified Plastic & Reconstructive Surgeon/Hand Surgeon

2023 W. Vista Way, #C, Vista, CA 92083

(619) 512-1600 • Fax (619) 512-1604

RemediSD.com

EAR, NOSE & THROAT

Sorrento Valley/ La Jolla

Ritvik Mehta, M.D.

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology

Board Certified Neurotology

5405 Oberlin Dr., 2nd Fl., San Diego, CA 92121

(619) 342-6317 • Email: tara@calhns.com

Calhns.com

Carlsbad

Ritvik Mehta, M.D.

California Head & Neck Specialists: ENT Center

Board Certified Otolaryngology

Board Certified Neurotology

2390 Faraday Ave., Carlsbad, CA 92008

(619) 342-6317 • Email: tara@calhns.com

Calhns.com

INTERNAL MEDICINE/FAMILY PRACTICE

Clairemont/ Kearny Mesa

M. Michelle Hamidi, M.D.

Associate in Family Medicine

Board Certified Family Medicine

5222 Balboa Ave., #31, San Diego, CA 92117

(858) 565-6394 • Fax (858) 999-2006

SanDiegoFamilyMedicine.com

Hillcrest/ San Diego/ San Marcos/ Chula Vista/

Murrieta/ Brawley

Paul A. Jain, M.D.

Board Certified Internal Medicine

3200 Fourth Ave., #100, San Diego, CA 92103

365 S. Rancho Santa Fe, #103, San Marcos, CA 92078

272 Church Ave., #1, Chula Vista, CA 91910

(619) 630-7447 • Fax (415) 651-4856

Email: pjainmd@gmail.com

PSYCHOTHERAPIST

Mission Valley/ San Diego
Harve Meskin, EdD, LMFT
Letty Meskin, LMFT
Meskin Counseling Services
Licensed Marriage & Family Therapists
2525 Camino Del Rio S., #313-8, San Diego, CA 92108
(760) 940-0880 • Fax (760) 930-9157
MeskinCounselingServices.com

Carlsbad
Harve Meskin, EdD, LMFT
Letty Meskin, LMFT
Meskin Counseling Services
Licensed Marriage & Family Therapists
6994 El Camino Real, #205, Carlsbad, CA 92009
(760) 940-0880 • Fax (760) 930-9157
MeskinCounselingServices.com

DENTAL/ TMJ SPECIALIST

Del Mar/ San Diego
Jack A. Rosenson, DMD, PC, QME
Torrey Del Mar Dentistry
Board Certified Dentist
13859 Carmel Valley Rd., #D, San Diego, CA 92130
(858) 484-9090 • Fax (858) 484-9211
TorreyDelMarDentistry.com

RADIOLOGISTS/DIAGNOSTIC IMAGING

Del Mar- San Diego/ Carlsbad/ Chula Vista
MAX MRI/Del Mar Medical Imaging
12264 El Camino Real, #102
San Diego, CA 92130
MAX MRI Carlsbad
3144 El Camino Real, #107, Carlsbad, CA 92008
MAX MRI Chula Vista
865 3rd Avenue, #121, Chula Vista, CA 91911
Sales/ Marketing: David Perkins (619) 300-5983
(800) 851-4150 • Fax (800) 278-0164
maxmrimaging.com

EXPERTMRI Kearny Mesa
5395 Ruffin Rd., #100, San Diego, CA 92123
Sales/ Marketing: Leesa Olsson (661) 755-3135
(877) 674-8888 • Fax (877) 370-5458
Email: scheduling@expertmri.com
ExpertMRI.com

PEAK DIAGNOSTIC Temecula NEW!
27699 Jefferson Ave, #201, Temecula, CA 92590
(619) 752-0001 • Fax (619) 363-4621
Email: info@peakdiagnostic.com

PHARMACY

La Jolla/ Oceanside/ San Marcos/ La Mesa
Rancho Santa Fe/ Escondido/ Chula Vista
PayLater Pharmacy
Director: Lisa Smith (702) 852-6610
Email: lisa@paylaterpharmacy.com
Contact: Cielo Porreco (760) 601-6763
Email: cielo@paylaterpharmacy.com
(833) PALATER (725-2837) • Fax: (702) 947-4955
PayLaterPharmacy.com

HOSPITAL/SURGERIES ON LIEN

National City/ South Bay
Paradise Valley Hospital
San Diego Spine & Joint Center
2400 E. 4th St., National City, CA 91950
Contact: Octavio Aguirre
(619) 517-6561 • Email: oaquirre@primehealthcare.com
ParadiseValleyHospital.net

ACUPUNCTURE

Mission Valley
Mario Mancini, O.M.D., L.A.c, QME
Uzi Chen, DACM
Jennifer Allen, DACM
Alexiss Larowe, DACM
Center for Integrative Care
Doctor of Oriental Medicine
Licensed Acupuncturist
3547 Camino Del Rio S., #C, San Diego, CA 92108
(619) 287-4005 • Fax (619) 287-1135
CenterForIntegrativeCare.com

Encinitas
Matt Alavi, L.Ac, DIPL. OM
Jonathan Kalman, NMD
Dana Steindorf, L.Ac, DIPL. OM
Brett Rabin, L.Ac
ActiveMed Integrative Health Center
Licensed Acupuncturists
317 N. El Camino Real, #306, Encinitas, CA 92024
(858) 673-4400 • Fax (858) 673-4499
www.ActiveMedHealth.com

Poway
Matt Alavi, L.Ac, DIPL. OM
Dana Steindorf, L.Ac, DIPL. OM
Brett Rabin, L.Ac
ActiveMed Integrative Health Center
Licensed Acupuncturists
15611 Pomerado Rd., #520, Poway, CA 92064
(858) 673-4400 • Fax (858) 673-4499
www.ActiveMedHealth.com

CHIROPRACTIC

Carlsbad
Derek Rupp, D.C.
West Coast Chiropractic Center
3144 El Camino Real, #201, Carlsbad, CA 92008
(760) 730-7313 • Fax (760) 720-2930
WestCoastChiropracticCenter.com

Carmel Valley/ Del Mar
Jay Kunard, D.C., CSCS
Carmel Valley Chiropractic & Rehab
12750 Carmel Country Rd., #207, San Diego, CA 92130
(858) 254-2047 • Fax (858) 481-7354
CVspine.com

Chula Vista/ Bonita
Andrew Kohler, D.C.
Kohler Family Chiropractic
236 F Street, Chula Vista, CA 91910
(619) 420-7858 • Fax (619) 420-4569
KohlerChiro.com

Chula Vista/ Eastlake
Mark Salt, D.C./ Celeste Salt, D.C.
Salt Family Chiropractic
2452 Fenton Street, #206, Chula Vista, CA 91914
(619) 426-2225 • Fax (619) 754-6576
SaltChiro.com

Clairemont/ Kearney Mesa
Carol Spiegelman, D.C., QME, IME
Charles Salanger, D.C., QME, IME
Spiegelman Chiropractic / Salanger Chiropractic
8304 Clairemont Mesa Blvd., #114, San Diego, CA 92111
(858) 565-8645 • Fax (858) 565-4207
DrSpiegelman.com

Downtown
Brian Garrett, D.C.
Garrett Downtown Chiropractic
701 B St., #515, San Diego, CA 92101
(619) 232-2225 • Fax (619) 795-2619
DowntownSanDiegoChiro.com

El Cajon
R. Christian Jespersion, D.C.
Chiropractic Family Health Center
1333 N. 2nd St., El Cajon, CA 92021
(619) 444-4792 • Fax (619) 444-4892
ElCajonChiro.com

Escondido/ Ramona
Jeffrey Bloom, D.C.
Teresa Guta-Bloom, D.C., QME
Bloom Family Chiropractic
633 E. Grand Ave., Escondido, CA 92025
(760) 747-4737 • Fax (760) 747-9905
BloomFamilyChiro.com

Encinitas
Kent W. Pollock II, D.C.
Chiropractic Center of North County
848 2nd St., Encinitas, CA 92024
(760) 633-1202 • Fax (760) 633-1207
CarlsbadChiropractor.com (in Encinitas)

South Bay/ Imperial Beach
Kristy Cadava, D.C., QME
Cadava Chiropractic
1676 Palm Ave., San Diego, CA 92154
(619) 423-3217 • Fax (619) 423-8619
DrCadava.com

La Jolla/ UTC
Brandon Goldstein, D.C.
Head, Neck and Spine Center of San Diego
8950 Villa La Jolla Dr., #8212, La Jolla, CA 92037
(858) 558-3111 • Fax (858) 558-3641
LaJolladc.com

La Mesa
Danny Bachoua, D.C.
Mark Cincotta, D.C.
San Diego Chiropractic Doctors
3691 Via Mercado, #15, La Mesa, CA 91941
(619) 444-3191 • Fax (619) 444-3193
SDchiropractic.net

Sorrento Valley/ West Mira Mesa
Kamran Jahangiri, D.C., CBIS, DACNB NEW!
Steven Albinder, D.C., DACNB NEW!
San Diego Chiropractic Neurology
(Specializing in evaluation and treatment of concussion/ TBI)
5230 Carroll Canyon Rd., #108, San Diego, CA 92121
(619) 344-0111 • Fax (619) 344-0111
SDChiroNeuro.com

East Mira Mesa
Jay Kunard, D.C., CSCS
Mira Mesa Chiropractic & Rehab
10717 Camino Ruiz, #255, San Diego, CA 92126
(858) 213-3926 • Fax (858) 225-0124
ChiroMiraMesa.com

Mission Valley/ North Park
Christopher Spence, D.C.
Suzanne Spence, D.C.
Spence Chiropractic Center
8555 Station Village Ln., #B, San Diego, CA 92108
(619) 284-3883 • Fax (619) 295-1795
SpenceChiropractic.com

Murrieta/ Temecula
Dae Lee, D.C.
Hoyt Chiropractic
25285 Madison Ave., #108, Murrieta, CA 92562
(951) 600-8198 • Fax (951) 698-4932
HoytChiropractic.com

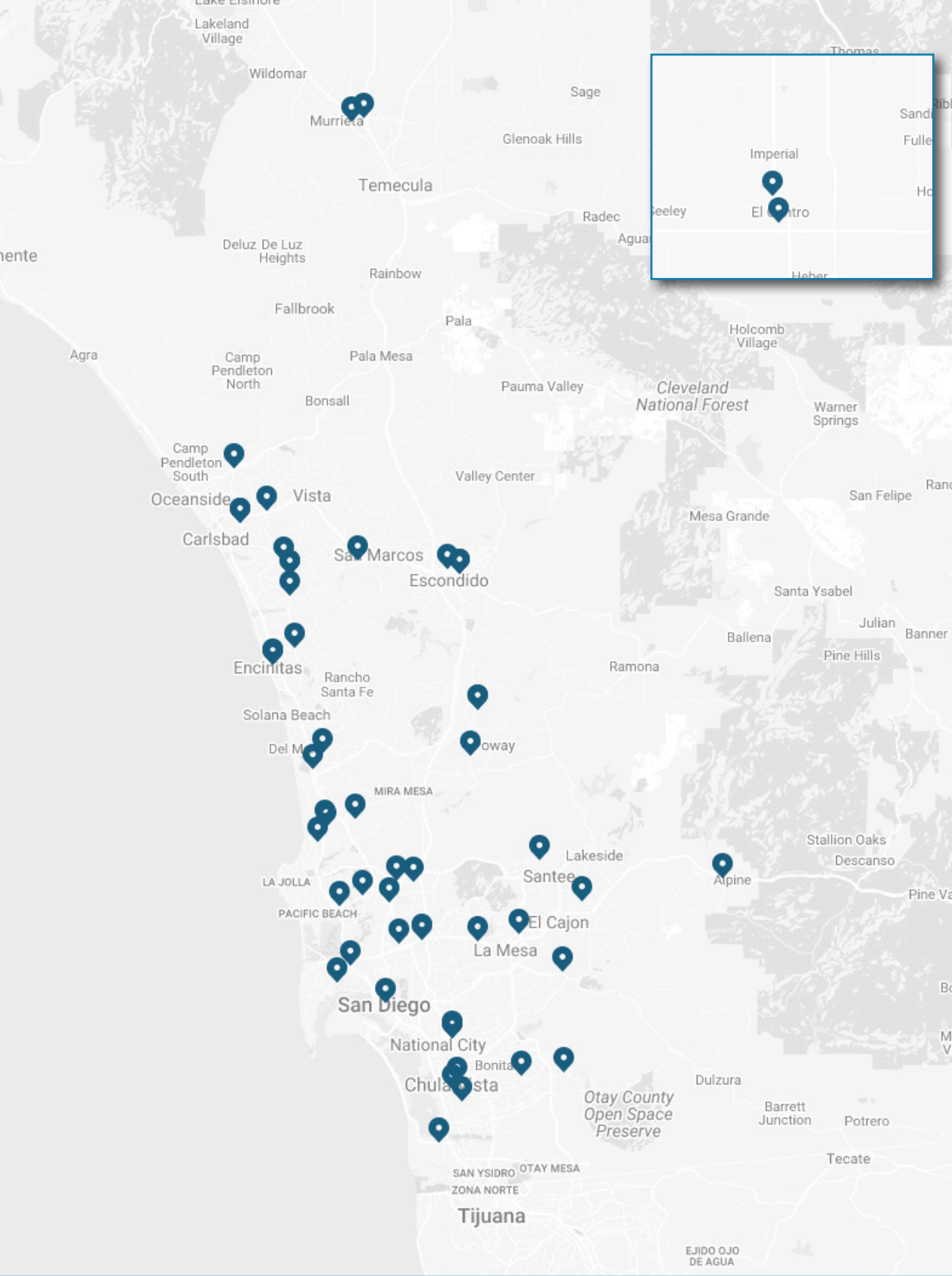
Oceanside/ West Vista
Perry Smith, D.C.
Mission Chiropractic
3815 Mission Ave #103, Oceanside, CA 92054
(760) 433-8641 • Fax (760) 433-9152
Oceanside-Chiropractic.com

Poway/ Rancho Bernardo
Mark Burdette, D.C.
Rich Doss, D.C.
Community Chiropractic
13029 Pomerado Rd., #A, Poway, CA 92064
(858) 486-1222 • Fax (858) 513-2088
DrMark.biz

San Marcos/ East Vista
Joe A. Hernandez, D.C.
Hernandez Chiropractic
1125 Linda Vista Dr., #102, San Marcos, CA 92078
(760) 591-4878 • Fax (760) 591-7878
HernandezChiropracticSanMarcos.com

Santee/ Alpine
Wayne Whalen, D.C., QME, DACAN
Whalen Chiropractic
9570 Cuyamaca St., #101, Santee, CA 92071
(619) 258-1144 • Fax (619) 258-6887
DrWhalen.com

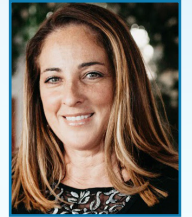
El Centro/ Calexico
William P. Valusek, D.C.
Matthew J. Valusek, D.C.
Valusek Chiropractic Group
1073 W. Ross Ave., #B, El Centro, CA 92243
(760) 352-1452 • Fax (760) 352-3966
ValusekChiro.com



OUR MEDICAL PROVIDER CONSULTANTS



Jennifer Evans-Wong
President & CEO



Cielo Porreco
Marketing Director
Central San Diego/ North County



Violet Flores
Marketing Coordinator
Temecula/ Murrieta/ Riverside



Lily D'Amico
Administrative Assistant



Josie Gaxiola
Marketing Coordinator
East County/ South Bay



Octavio Aguirre
Hospital Consultant
Alvarado & Paradise Valley Hospital



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