SEPTEMBER 2020

SAN DIEGO INJURY NETWORK

MEDICAL DIRECTORY

Pain Management, Orthopedics, Spine Surgeons, Neurosurgeons, Plastic Surgeons, Neurology, Chiropractors, ENT Specialists, Acupuncture, Psychologists, Family Practice, Physical Therapists, Dentists, Imaging Centers, etc.

As San Diego's first directory of doctors specializing in Personal Injury and Workers' Compensation, SDIN providers have been treating accident victims since 1980.

Finding the right medical specialist for your client is just a click or phone call away!
Check out our website!
888.434.4888 • www.SanDiegoInjuryNetwork.com

Legal Disclaimer: San Diego Injury Network is a limited liability company that provides marketing services for medical providers. It is not a medical group or law firm, is not owned by a medical group or law firm, does not provide medical services or legal advice, and is not an attorney referral service.

PAIN MANAGEMENT

Alpine/ El Cajon
Jesus H. Lao, M.D.
Alpine Advanced Pain Management
Board Certified Physical Med & Rehab Specialist
1392 Tavern Rd., Alpine, CA 91901
(619) 722-4270 • Fax (619) 722-4273
AlpinePainDoctors.com

Carlsbad/ Oceanside
Yogesh V. Patel, M.D.
Coastal Pain & Spinal Diagnostics
Board Certified Pain Management Specialists
6221 Metropolitan St., #201, Carlsbad, CA 92009
(760) 607-1735 • Fax (760) 683-5922
Nathan Miller, M.D.
Ankush K. Bansal, M.D.
Coastal Pain & Spinal Diagnostics
Board Certified Pain Management Specialists
6221 Metropolitan St., #201, Carlsbad, CA 92009
(760) 681-4330 • Fax (866) 317-9306
CoastalPainGroup.com

Encinitas/ Solana Beach
Keeran Kumar, M.D.
Spine & Pain Management
Board Certified Pain Management Specialist
Board Certified Anesthesiology Specialist
320 Santa Fe Dr., #308, Encinitas, CA 92024
(858) 764-3837 • Fax (760) 230-6566
SDPainClinic.com

Mission Valley
Paul E. Kim, M.D.
Board Certified Pain Management Specialist
Board Certified Anesthesiology Specialist
3549 Camino Del Rio S., #A, San Diego, CA 92108
(619) 543-0144 • Fax (619) 542-0445
SanDiegoPainMD.com

Escondido
Paul E. Kim, M.D.
Board Certified Pain Management Specialist
Board Certified Anesthesiology Specialist
240 W. Mission Ave., #C, Escondido, CA 92025
(619) 543-0144 • Fax (619) 543-0445
SanDiegoPainMD.com

La Jolla/ Sorrento Valley/ Mira Mesa
Roger Kasendorf, D.O. ***NEW!***
Board Certified Pain Medicine/
Physical Medicine & Rehabilitation
Lars R. Newsome, M.D. ***NEW!***
Board Certified in Pain Management,
Anesthesiology and Critical Care Medicine
(Interventional Spine Procedures)
9834 Genesee Ave., #221, La Jolla, CA 92037
(858) 429-6290 • F (858) 244-0152
DrRogerKasendorf.com

National City/ South Bay
Joshua S. Pal, M.D.
Board Certified Pain Management Specialist
Board Certified Anesthesiology Specialist
2720 E. Plaza Blvd., #U, National City, CA 91950
(619) 436-5310 • Fax (619) 577-4106
SanDiegoInjuryNetwork.com

Temecula/ Murrieta
Joshua S. Pal, M.D. ***NEW!***
Board Certified Pain Management Specialist
27699 Jefferson Ave., #305, Temecula, CA 92590
(619) 436-5310 • Fax (619) 577-4106
SanDiegoInjuryNetwork.com

NEUROLOGY

Clairemont/ San Diego
Bruce Lasker, M.D.
Pacific Neurology
Board Certified Neurologist
3737 Moraga Ave., #A5, San Diego, CA 92117
(858) 273-3300 • Fax (858) 273-5736
SanDiegoInjuryNetwork.com

La Mesa/ South Bay
Amirhassan Bahreman, M.D.
Neurological & Pain Institute, Inc.
Board Certified Neurologist
8851 Center Dr., #608, La Mesa, CA 91942
(619) 460-5850 • Fax (619) 460-5849
SanDiegoInjuryNetwork.com

ORTHOPEDIC SURGEON

Encinitas/ Carlsbad
Robert Afra, M.D.
Orthopedic Surgery San Diego
Board Certified Orthopaedic Surgeon (Adult & Pediatric)
317 N. El Camino Real, #405, Encinitas, CA 92024
(760) 994-2663 • Fax (760) 942-2418
OrthopedicSurgerySanDiego.com

Kearny Mesa/ La Jolla
Eric S. Korsh, M.D. ***NEW!***
San Diego Spine Center
Board Certified Orthopaedic Surgeon
3760 Convoy St., #114, San Diego, CA 92111
(858) 715-8444 • Fax (858) 715-8324
SanDiegoSpineCenter.com

National City/ South Bay
Harish S. Hosalkar, M.D., FACS, FAAOS
The Hosalkar Institute for Joint Preservation & Injury Care
Board Certified Orthopaedic Surgeon (Adult & Pediatric)
2323 E. 8th St., #103, National City, CA 91950
(619) 512-1600 • Fax (619) 512-1604
DrHosalkar.com

Sorrento Valley/ Mira Mesa/Poway
David A. Petersen, M.D.
Gold Coast Orthopaedics & Spine
Board Certified Orthopaedic Surgeon
4910 Directors Pl., #350, San Diego, CA 92121
Patient Care Liaison: Josie Gaxiola (213) 219-1800
(844) 484-4267 • Fax (949) 381-5687
SanDeigoInjuryNetwork.com

Temecula/ Murrieta
Matthew Gargulinski, D.O. ***NEW!***
Board Certified Orthopaedic Surgeon
27699 Jefferson Ave., #210, Temecula, CA 92590
(858) 531-2560 · Fax (760) 230-1231
SanDiegoInjuryNetwork.com

Vista/ Oceanside
Harish S. Hosalkar, M.D., FACS, FAAOS
The Hosalkar Institute for Joint Preservation & Injury Care
Board Certified Orthopaedic Surgeon (Adult & Pediatric)
2023 W. Vista Way, #C, Vista, CA 92083
(619) 512-1600 • Fax (619) 512-1604
DrHosalkar.com

SPINE SURGEON

Alvarado/ La Mesa
Choll W. Kim, M.D.
Spine Institute of San Diego
Board Certified Orthopaedic Spine Surgeon
6719 Alvarado Rd., #308, San Diego, CA 92120
(619) 265-7912 • Fax (619) 265-7922
SIOSD.com

Kearny Mesa/ La Jolla
Eric S. Korsh, M.D. ***NEW!***
San Diego Spine Center
Board Certified Orthopaedic Spine Surgeon
3760 Convoy St., #114, San Diego, CA 92111
(858) 715-8444 • Fax (858) 715-8324
SanDiegoSpineCenter.com

El Centro/ Calexico
Jean Jacques Abitbol, M.D.
Board Certified Orthopaedic Spine Surgeons
1501 Ocotillo Dr., #G, El Centro, CA 92243
(619) 342-6317 · Fax (760) 230-1231
SanDiegoInjuryNetwork.com

Sorrento Valley/ Mira Mesa
David A. Petersen, M.D.
Gold Coast Orthopaedics & Spine
Board Certified Orthopaedic Surgeon
4910 Directors Pl., #350, San Diego, CA 92121
Patient Care Liaison: Josie Gaxiola (213) 219-1800
(844) 484-4267 • Fax (949) 381-5687
DavidPetersenMD.com

PLASTIC SURGEON/HAND SURGEON

National City/ South Bay
Rakhesh Guttikonda, D.O.
Board Certified Plastic & Reconstructive Surgeon/Hand Surgeon
2323 8th St., #103, National City, CA 91950
(619) 512-1600 • Fax (619) 512-1604
RemediSD.com

EAR, NOSE & THROAT

Sorrento Valley/ La Jolla
Ritvik Mehta, M.D.
California Head & Neck Specialists: ENT Center
Board Certified Otolaryngology
Board Certified Neurotology
5405 Oberlin Dr., 2nd Flr., San Diego, CA 92121
(619) 342-6317 • Email: tara@calhns.com
Calhns.com

Carlsbad
Ritvik Mehta, M.D.
California Head & Neck Specialists: ENT Center
Board Certified Otolaryngology
Board Certified Neurotology
2390 Faraday Ave., Carlsbad, CA 92008
(619) 342-6317 • Email: tara@calhns.com
Calhns.com

INTERNAL MEDICINE/FAMILY PRACTICE

Clairemont/ Kearny Mesa
M. Michelle Hamidi, M.D.
Associate in Family Medicine
Board Certified Family Medicine
5222 Balboa Ave., #31, San Diego, CA 92117
(858) 565-6394 • Fax (858) 999-2006
SanDiegoFamilyMedicine.com

Hillcrest/ San Diego/ San Marcos/ Chula Vista/
Murrieta/ Brawley
Paul A. Jain, M.D.
Board Certified Internal Medicine
3200 Fourth Ave., #100, San Diego, CA 92103
365 S. Rancho Santa Fe, #103, San Marcos, CA 92078
272 Church Ave., #1, Chula Vista, CA 91910
(619) 630-7447 • Fax (415) 651-4856
Email: pjainmd@gmail.com

PSYCHOTHERAPIST

Encinitas/ Mission Valley/ Carlsbad/ San Marcos/ Chula Vista/ El Cajon/ Santee
Harve Meskin, EdD, LMFT
Letty Meskin, LMFT
Meskin Counseling Services
812 Dolphin Circle
Encinitas, CA 92024
(760) 940-0880 • Fax (760) 930-9157
MeskinCounselingServices.com

DENTAL/ TMJ SPECIALIST

Del Mar/ San Diego
Jack A. Rosenson, DMD, PC, QME
Torrey Del Mar Dentistry
Board Certified Dentist
13859 Carmel Valley Rd., #D, San Diego, CA 92130
(858) 484-9090 • Fax (858) 484-9211
TorreyDelMarDentistry.com

RADIOLOGISTS/DIAGNOSTIC IMAGING

Del Mar- San Diego/ Carlsbad/ Chula Vista
MAX MRI/Del Mar Medical Imaging
12264 El Camino Real, #102
San Diego, CA 92130
MAX MRI Carlsbad
3144 El Camino Real, #107, Carlsbad, CA 92008
MAX MRI Chula Vista
865 3rd Ave., #121, Chula Vista, CA 91911
Sales/ Marketing: David Perkins (619) 300-5983
(800) 851-4150 • (866) 700-4064
maxmrimaging.com
EXPERTMRI Kearny Mesa
5395 Ruffin Rd., #100, San Diego, CA 92123
Sales/ Marketing: Leesa Olsson (661) 755-3135
(877) 674-8888 • Fax (877) 370-5458
Email: scheduling@expertmri.com
ExpertMRI.com

PHARMACY

La Jolla/ Rancho Santa Fe/ Oceanside/ Chula Vista/ Bonita/ National City/ La Mesa/ El Cajon/ Santee/ San Marcos/ Escondido
PayLater Pharmacy
Director: Lisa Smith (702) 852-6610
Email: lisa@paylaterpharmacy.com
Contact: Cielo Porreco (760) 601-6763
Email: cielo@paylaterpharmacy.com
(833) PALATER (725-2837) • fax: (702) 947-4955
PayLaterPharmacy.com

HOSPITAL/SURGERIES ON LIEN

National City/ South Bay
Paradise Valley Hospital
San Diego Spine & Joint Center
2400 E. 4th St., National City, CA 91950
Contact: Octavio Aguirre
(619) 517-6561 • Email: oaguirre@primehealthcare.com
ParadiseValleyHospital.net

ACUPUNCTURE

Mission Valley
Mario Mancini, O.M.D., LA.c, QME
Uzi Chen, DACM
Jennifer Allen, DACM
Alexiss Larowe, DACM
Center for Integrative Care
Doctor of Oriental Medicine
Licensed Acupuncturist
3547 Camino Del Rio S., #C, San Diego, CA 92108
(619) 287-4005 • Fax (619) 287-1135
CenterForIntegrativeCare.com

Encinitas
Matt Alavi, L.Ac, DIPL. OM
Arsallan Ahmad, NMD
Dana Steindorf, L.Ac, DIPL. OM
Phil Gallo, L.Ac
Brett Rabin, L.Ac
ActiveMed Integrative Health Center
Licensed Acupuncturists
317 N. El Camino Real, #306, Encinitas, CA 92024
(858) 673-4400 • Fax (858) 673-4499
www.ActiveMedHealth.com

Poway
Matt Alavi, L.Ac, DIPL. OM
Dana Steindorf, L.Ac, DIPL. OM
Brett Rabin, L.Ac
ActiveMed Integrative Health Center
Licensed Acupuncturists
15611 Pomerado Rd., #520, Poway, CA 92064
(858) 673-4400 • Fax (858) 673-4499
www.ActiveMedHealth.com

CHIROPRACTIC

Carlsbad
Derek Rupp, D.C.
West Coast Chiropractic Center
3144 El Camino Real, #201, Carlsbad, CA 92008
(760) 730-7313 • Fax (760) 720-2930
WestCoastChiropracticCenter.com

Carmel Valley/ Del Mar
Jay Kunard, D.C., CSCS
Carmel Valley Chiropractic & Rehab
12750 Carmel Country Rd., #207, San Diego, CA 92130
(858) 254-2047 • Fax (858) 481-7354
CVspine.com

Chula Vista/ Bonita
Andrew Kohler, D.C.
Kohler Family Chiropractic
236 F Street, Chula Vista, CA 91910
(619) 420-7858 • Fax (619) 420-4569
KohlerChiro.com

Eastlake/ Chula Vista
Joe Snyder, D.C.
Ignite Chiropractic
2090 Otay Lakes Rd., #101
Chula Vista, CA 91913
(619) 942-5550 • (760) 230-1231
IgniteChiropractor.com

Clairemont/ Kearney Mesa
Carol Spiegelman, D.C., QME, IME
Charles Salanger, D.C., QME, IME
Spiegelman Chiropractic / Salanger Chiropractic
8304 Clairemont Mesa Blvd., #114, San Diego, CA 92111
(858) 565-8645 • Fax (858) 565-4207
DrSpiegelman.com

Downtown
Brian Garrett, D.C.
Garrett Downtown Chiropractic
701 B St., #515, San Diego, CA 92101
(619) 232-2225 • Fax (619) 795-2619
DowntownSanDiegoChiro.com

El Cajon
R. Christian Jesperson, D.C.
Chiropractic Family Health Center
1333 N. 2nd St., El Cajon, CA 92021
(619) 444-4792 • Fax (619) 444-4892
ElCajonChiro.com

Escondido/ Ramona
Jeffrey Bloom, D.C.
Teresa Guta-Bloom, D.C., QME
Bloom Family Chiropractic
633 E. Grand Ave., Escondido, CA 92025
(760) 747-4737 • Fax (760) 747-9905
BloomFamilyChiro.com

Encinitas
Kent W. Pollock II, D.C.
Chiropractic Center of North County
848 2nd St., Encinitas, CA 92024
(760) 633-1202 • Fax (760) 633-1207
CarlsbadChiropractor.com (in Encinitas)

South Bay/ Imperial Beach
Kristy Cadava, D.C., QME
Cadava Chiropractic
1676 Palm Ave., San Diego, CA 92154
(619) 423-3217 • Fax (619) 423-8619
DrCadava.com

La Jolla/ UTC
Brandon Goldstein, D.C.
Head, Neck and Spine Center of San Diego
8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037
(858) 558-3111 • Fax (858) 558-3641
LaJolladc.com

La Mesa
Danny Bachoua, D.C.
Mark Cincotta, D.C.
San Diego Chiropractic Doctors
3691 Via Mercado, #15, La Mesa, CA 91941
(619) 444-3191 • Fax (619) 444-3193
SDchiropractic.net

Sorrento Valley/ West Mira Mesa
Kamran Jahangiri, D.C., CBIS, DACNB ***NEW!***
Steven Albinder, D.C., DACNB ***NEW!***
San Diego Chiropractic Neurology
(Specializing in evaluation and treatment of concussion/ TBI)
5230 Carroll Canyon Rd., #108, San Diego, CA 92121
(619) 344-0111 • Fax (619) 344-0111
SDChiroNeuro.com

East Mira Mesa
Jay Kunard, D.C., CSCS
Mira Mesa Chiropractic & Rehab
10717 Camino Ruiz, #255, San Diego, CA 92126
(858) 213-3926 • Fax (858) 225-0124
ChiroMiraMesa.com

Mission Valley/ North Park
Christopher Spence, D.C.
Suzanne Spence, D.C.
Spence Chiropractic Center
8555 Station Village Ln., #B, San Diego, CA 92108
(619) 284-3883 • Fax (619) 295-1795
SpenceChiropractic.com

Murrieta/ Temecula
Dae Lee, D.C.
Hoyt Chiropractic
25285 Madison Ave., #108, Murrieta, CA 92562
(951) 600-8198 • Fax (951) 698-4932
HoytChiropractic.com

Oceanside/ West Vista
Perry Smith, D.C.
Mission Chiropractic
3815 Mission Ave #103, Oceanside, CA 92054
(760) 433-8641 • Fax (760) 433-9152
Oceanside-Chiropractic.com

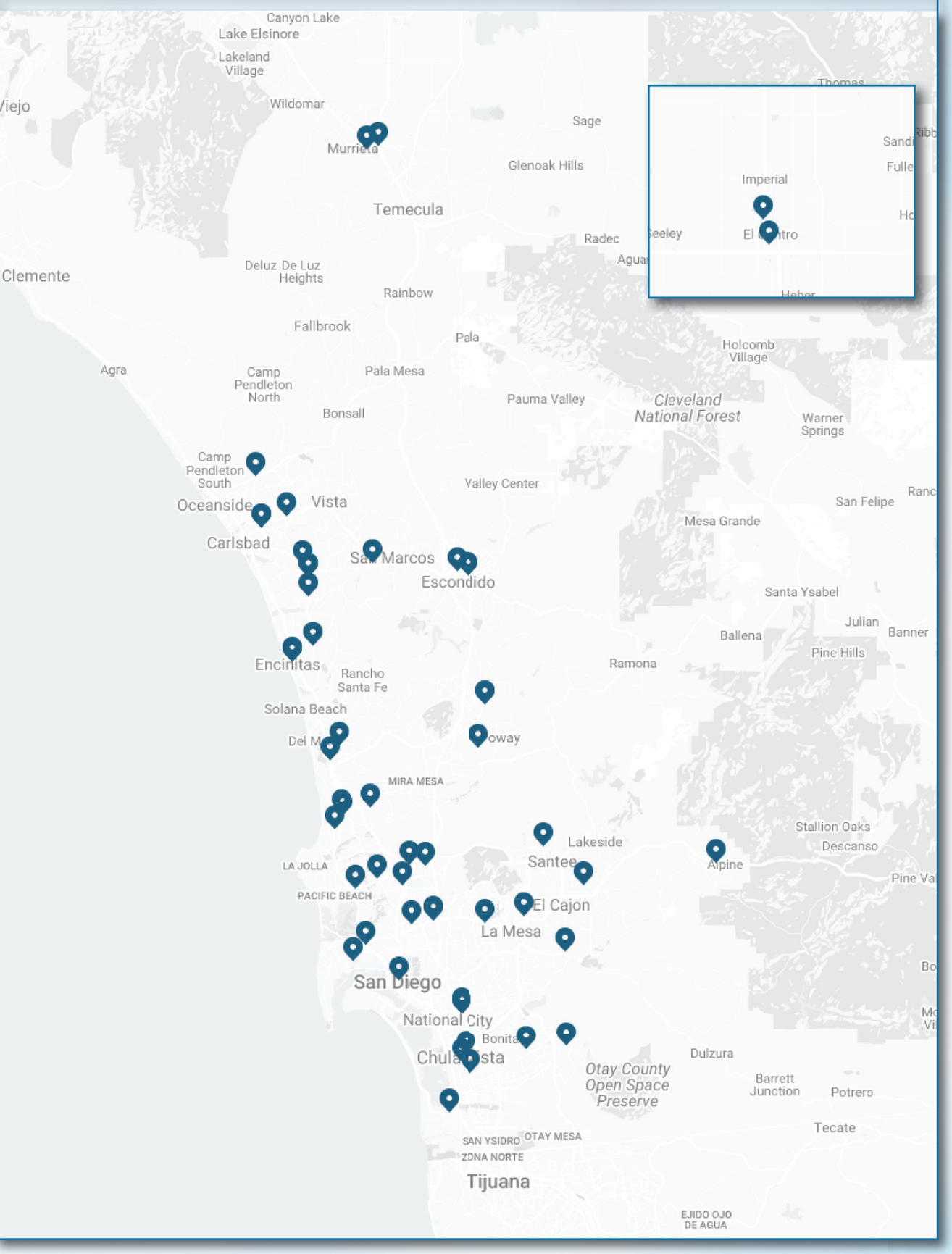
Poway/ Rancho Bernardo
Mark Burdette, D.C.
Rich Doss, D.C.
Community Chiropractic
13029 Pomerado Rd., #A, Poway, CA 92064
(858) 486-1222 • Fax (858) 513-2088
DrMark.biz

San Marcos/ East Vista
Joe A. Hernandez, D.C.
Hernandez Chiropractic
1125 Linda Vista Dr., #102, San Marcos, CA 92078
(760) 591-4878 • Fax (760) 591-7878
HernandezChiropracticSanMarcos.com

Santee/ Alpine
Wayne Whalen, D.C., QME, DACAN
Whalen Chiropractic
9570 Cuyamaca St., #101, Santee, CA 92071
(619) 258-1144 • Fax (619) 258-6887
DrWhalen.com

Calexico/ El Centro
Jon Franks, D.C.
Lifeforce Sports Chiropractic
943 Imperial Ave., #B
Calexico, CA 92231
(310) 592-5479 • Fax (888) 885-0615
Chiropractoronlien.com

Modified September 23, 2020
Designed by Vertical Printing and Graphics. 760.334.2004



OUR MEDICAL PROVIDER CONSULTANTS

Jennifer Evans-Wong
President & CEO

Cielo Porreco
Marketing Director
Central San Diego/ North County

Violet Flores
Marketing Coordinator
Temecula/ Murrieta/ Riverside

Cecilia Oliva
Administrative Assistant

Josie Gaxiola
Marketing Coordinator
East County/ South Bay

Octavio Aguirre
Hospital Consultant
Alvarado & Paradise Valley Hospital

SAN DIEGO INJURY NETWORK

(888) 434-4888

www.SanDiegoInjuryNetwork.com • contact@sandiegoinjurynetwork.com
8950 Villa La Jolla Dr., #B212, La Jolla, CA 92037